# Annual Return 2022/2023

# Provider Information to be published

The following information relates to information CIW held about this provider and its associated services on the 31st March 2023.

This section has been completed for you. There are no actions to complete. This information displayed will be included in the published Annual Return.

| Provider name:                                    |                                       | My Care My      | Home Limited                                       |
|---|---------------------------------------|-----------------|--|
| The provider was registered                       | ed on:                                | 03/04/2019      |  |
| The following lists the provider conditions:      | There are no imposed conditions assoc | iated to this p | rovider  |
| The regulated services delivered by this provider | South Wales Branch My Care My Home    |                 |  |
| were:   | Service Type                          |                 | Domiciliary Support Service                        |
|   | Type of Care                          |                 | None   |
|   | Approval Date                         |                 | 16/05/2019   |
|   | Responsible Individual(s)             |                 | Joanne Davies                                      |
|   | Manager(s)                            |                 | Joanne Davies                                      |
|   | Partnership Area                      |                 | Gwent  |
|   | Service Conditions                    |                 | There are no conditions associated to this service |

#### Training and Workforce Planning Describe the arrangements in place during the last financial year The system we use captures completion dates of all training requi rements. We are able to easily identify if a member of staff trainin for identifying, planning and meeting the training needs of staff employed by the service provider g is due for renewal. We use a mix of classroom based practical s essions, virtual training and e-learning. All new employees underg o induction training. Describe the arrangements in place during the last financial year Recruitment is and always will be ongoing. We use a social media for the recruitment and retention of staff employed by the service platforms such as Facebook and also place adverts on Indeed. W e are able to take on walkers and drivers. We have also linked in provider with local colleges and have some staff working for us who are cur rently studying for a Health and Social Care Qualification. We offe r flexible working hours so that our employees or potential employ ees can work around their other commitments.

### Service Profile

| Name of Service  | South Wales Branch My Care My Home |
|--|------------------------------------|
|  |                                    |
| Telephone Number   | 08007318470                        |
| What is/are the main language(s) through which your service is provided? | English Medium                     |
| Other languages used in the provision of the service                     |                                    |

| People Supported   |     |
|--|-----|
| How many people in total did the service provide care and support to during the last financial year? | 157 |

# Fees Charged

| The minimum hourly rate payable during the last financial year? | 22.72 |  |
|---|-------|--|
| The maximum hourly rate payable during the last financial year? | 50.00 |  |

# Complaints

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| What was the total number of formal complaints made during the last financial year?  | 1                                   |
|--|-------------------------------------|
| Number of active complaints outstanding  | 0                                   |
| Number of complaints upheld  | 1                                   |
| Number of complaints partially upheld  | 0                                   |
| Number of complaints not upheld  | 0                                   |
| What arrangements were made for consulting people who use the service about the operation of the service during the last financial year? | 4 week reviews<br>3 monthly reviews |

Communicating with people who use the service

| Identify any non-verbal communication methods used in the pro-                                  | ovision of the service |
|---|------------------------|
| Picture Exchange Communication System (PECS)  | No                     |
| Treatment and Education of Autistic and related Communication-<br>handicapped CHildren (TEACCH) | No                     |
| Makaton   | No                     |
| British Sign Language (BSL)   | No                     |
| Other   | No                     |

Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published <u>guidance</u> on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

| The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them. | We gain feedback with 4 weekly reviews once the individual has<br>commenced services. These are pivotal in ensuring that the su<br>pport is meeting their needs and that any immediate changes c<br>an be implemented. 3 monthly reviews take place thereafter wh<br>ere we gauge the success of the service provision and also giv<br>e the user of the service or their family members an opportunity<br>to provide feedback on what we have done to date. We have w<br>orked hard over the last year to maintain this. If an individual go<br>es into hospital we also complete a discharge review which give<br>s us the opportunity to identify any change. We Analyse compla<br>ints and learn from them. |
|--|---|
|  |   |

| The extent to which people are happy and supported to<br>maintain their ongoing health, development and overall<br>wellbeing. For children, this will also include intellectual, social<br>and behavioural development. | We provide outcome focused services that are flexible and resp<br>onsive, giving the individual choice and control over the suppor<br>t they receive, to regain skills and confidence with a view to mai<br>ntaining long term independence.<br>We listen, learn, and concentrate on what is important to them,<br>assisting them to develop and maintain life skills, aiming for the<br>m to help themselves. This is always be in line with their suppor<br>t plan and will focus on what is achievable for that individual. O<br>ur staff are able to identify when needs or abilities change and t<br>his is evidenced by the request for additional support or a supp<br>ort package being increased to 2 staff members. During the rev<br>iewing process if any areas for improvement have been identifi<br>ed we work hard to change things. We do always try to deliver t<br>he support in line with time preferences but this is not always p<br>ossible. Providing the support in the way that the person wishes<br>is paramount to ensuring that they are happy with the service p<br>rovision. |
|---|--|
| The extent to which people feel safe and protected from abuse and neglect.  | Staff training: Safeguarding training that helps staff to identify a ny signs of abuse and reporting their concerns.<br>Duty to report forms are completed when concerns have been r aised.<br>We attend case conferences to discuss the individual cases an d take all the required action to ensure the individuals safety.<br>Risk assessments; Completing risk assessments to ensure ever yone's safety by identifying risks and putting control measures i n place.   |

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at 33 31 March)

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

| Staff Type | Service Manager                                 |  |
|------------|---|--|
|            | Does your service structure include roles type? | of this Yes  |
|            |   | n relate specifically to this role type only. Unless otherwise<br>be the position as of the 31st March of the last financial year.   |
|            | Filled and vacant posts                         |  |
|            | No. of staff in post                            | 1  |
|            | No. of posts vacant                             | 1  |
|            | provided is only a sample of the traini         | inancial year for this role type.<br>rtook relevant training. The list of training categories<br>ing that may have been undertaken. Any training not listed<br>additional training undertaken pertinent for this role which is |

| Induction  | 1   |
|--|---|
| Health & Safety  | 1   |
| Equality, Diversity & Human Rights   | 1   |
| Manual Handling  | 0   |
| Safeguarding   | 0   |
| Dementia   | 0   |
| Positive Behaviour Management  | 0   |
| Food Hygiene   | 0   |
| Please outline any additional training undertaken pertinent to this role which is not outlined above.  |   |
| Contractual Arrangements   |   |
| No. of permanent staff   | 1   |
| No. of Fixed term contracted staff   | 0   |
| No. of volunteers  | 0   |
| No. of Agency/Bank staff   | 0   |
| No. of Non-guaranteed hours contract (zero hours)  | 0   |
| staff  |   |
| Outline below the number of permanent and fixe   | d term contact staff by hours worked per week.  |
| No. of full-time staff (35 hours or more per week)   | 1   |
| No. of part-time staff (17-34 hours per week)  | 0   |
| No. of part-time staff (16 hours or under per week)  | 0   |
| Staff Qualifications   |   |
|  |   |
| No. of staff who have the required qualification to<br>be registered with Social Care Wales as a Service<br>Manager  | 1   |
| No. of staff working toward required/recommended<br>qualification to be registered with Social Care<br>Wales as a Service Manager  | 0   |
| Deputy service manager   |   |
| Does your service structure include roles of this type?  | No  |
| Other supervisory staff  |   |
| Does your service structure include roles of this type?  | Yes   |
| Important: All questions in this section relate spe<br>stated, the information added should be the pos   | cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year. |
| Filled and vacant posts  |   |
| No. of staff in post   | 2   |
| No. of posts vacant  | 0   |
| Training undertaken during the last financial year<br>Set out the number of staff who undertook releva<br>provided is only a sample of the training that ma<br>can be added to 'Please outline any additional tr<br>not outlined above'. | ant training. The list of training categories   |
| la doodtoo   |   |
| Induction  | 2   |

| Health & Safety   | 2   |
|---|---|
| Equality, Diversity & Human Rights  | 2   |
| Manual Handling   | 2   |
| Safeguarding  | 2   |
| Dementia  | 2   |
| Positive Behaviour Management   | 0   |
| Food Hygiene  | 0   |
| Please outline any additional training undertaken pertinent to this role which is not outlined above.   |   |
| Contractual Arrangements  |   |
| No. of permanent staff  | 2   |
| No. of Fixed term contracted staff  | 0   |
| No. of volunteers   | 0   |
| No. of Agency/Bank staff  | 0   |
| No. of Non-guaranteed hours contract (zero hours) staff   | 0   |
| Outline below the number of permanent and fixe  | d term contact staff by hours worked per week.  |
| No. of full-time staff (35 hours or more per week)  | 2   |
| No. of part-time staff (17-34 hours per week)   | 0   |
| No. of part-time staff (16 hours or under per week)   | 0   |
| No. of part-time star (10 hours of under per week)  | 0   |
| Staff Qualifications  |   |
| No. of staff who have the required qualification to<br>be registered with Social Care Wales as a social<br>care worker  | 1   |
| No. of staff working towards the required/recommended qualification   | 1   |
| Senior social care workers providing direct care  |   |
| Does your service structure include roles of this type?   | Yes   |
|   |   |
|   | ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.  |
|   |   |
| stated, the information added should be the pos   |   |
| stated, the information added should be the pos   | ition as of the 31st March of the last financial year.  |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that ma   | ition as of the 31st March of the last financial year. 0 1 ar for this role type. ant training. The list of training categories   |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that marks and be added to 'Please outline any additional training the last financial year  | ition as of the 31st March of the last financial year.         0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed   |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevary         provided is only a sample of the training that may can be added to 'Please outline any additional transitional tra | 0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed raining undertaken pertinent for this role which is         0  |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that marcan be added to 'Please outline any additional transitional transitiona transitional transitional transitiona transit | 0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed raining undertaken pertinent for this role which is         0         0         0         0  |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that marcan be added to 'Please outline any additional transitional transitional dever'.         Induction         Health & Safety         Equality, Diversity & Human Rights   | 0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed raining undertaken pertinent for this role which is         0         0         0         0         0         0         0         0         0  |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that marcan be added to 'Please outline any additional transition outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling   | ition as of the 31st March of the last financial year.         0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed raining undertaken pertinent for this role which is         0         0         0         0         0         0         0         0         0         0 |
| stated, the information added should be the pos         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation provided is only a sample of the training that matcan be added to 'Please outline any additional transitional transitional device.         Induction         Health & Safety         Equality, Diversity & Human Rights  | 0         1         ar for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed raining undertaken pertinent for this role which is         0         0         0         0         0         0         0         0         0  |

| Positive Behaviour Management   | 0   |
|---|---|
| Food Hygiene  | 0   |
| Please outline any additional training undertaken pertinent to this role which is not outlined above.   |   |
| Contractual Arrangements  |   |
| No. of permanent staff  | 0   |
| No. of Fixed term contracted staff  | 0   |
| No. of volunteers   | 0   |
| No. of Agency/Bank staff  | 0   |
| No. of Non-guaranteed hours contract (zero hours) staff   | 0   |
| Staff Qualifications  |   |
| No. of staff who have the required qualification to<br>be registered with Social Care Wales as a social<br>care worker  | 0   |
| No. of staff working towards the required/recommended qualification   | 0   |
| Other social care workers providing direct care   |   |
| Does your service structure include roles of this type?   | Yes   |
| Important: All questions in this section relate spe<br>stated, the information added should be the posi   | tion as of the 31st March of the last financial year.   |
|   | tion as of the 31st March of the last financial year.   |
| stated, the information added should be the posi  | tion as of the 31st March of the last financial year.   |
| stated, the information added should be the posi<br>Filled and vacant posts   |   |
| Filled and vacant posts   | 37<br>2<br>r for this role type.<br>ant training. The list of training categories<br>y have been undertaken. Any training not listed  |
| stated, the information added should be the position         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation         provided is only a sample of the training that may can be added to 'Please outline any additional training the last financial year  | 37<br>2<br>r for this role type.<br>ant training. The list of training categories<br>y have been undertaken. Any training not listed  |
| stated, the information added should be the positive         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that many         can be added to 'Please outline any additional training the above'.  | 37<br>2<br>r for this role type.<br>ant training. The list of training categories<br>y have been undertaken. Any training not listed<br>aining undertaken pertinent for this role which is  |
| stated, the information added should be the positive         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation         provided is only a sample of the training that may can be added to 'Please outline any additional transitional transitional transition         Induction  | 37<br>2<br>r for this role type.<br>ant training. The list of training categories<br>y have been undertaken. Any training not listed<br>aining undertaken pertinent for this role which is<br>37  |
| stated, the information added should be the position         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that may         can be added to 'Please outline any additional transition         Induction         Health & Safety   | 37         2         r for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed aining undertaken pertinent for this role which is         37         37         37  |
| stated, the information added should be the positive         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that may can be added to 'Please outline any additional transitional transiteremetric transitional transitional transiti | 37         2         r for this role type.         ant training. The list of training categories         y have been undertaken. Any training not listed         aining undertaken pertinent for this role which is         37         37         37         37         37         37   |
| stated, the information added should be the position         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that may         can be added to 'Please outline any additional transitional transitional transition         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling  | 37         2         r for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed aining undertaken pertinent for this role which is         37         37         37         37         37         37         37         37         37  |
| stated, the information added should be the position         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that may         can be added to 'Please outline any additional tr         not outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding  | 37         2         r for this role type.         ant training. The list of training categories         y have been undertaken. Any training not listed         aining undertaken pertinent for this role which is         37         37         37         37         37         37         37         37         37         37         37         37         37         37         37         37         37         37         37  |
| stated, the information added should be the position         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevar         provided is only a sample of the training that may         can be added to 'Please outline any additional transition outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding         Dementia   | 37         2         r for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed aining undertaken pertinent for this role which is         37   |
| stated, the information added should be the positive Behaviour Management         stated, the information added should be the positive Behaviour Management         stated, the information added should be the positive Behaviour Management   | 37         2         r for this role type.         ant training. The list of training categories         y have been undertaken. Any training not listed         aining undertaken pertinent for this role which is         37          37  |
| stated, the information added should be the positive         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation provided is only a sample of the training that may can be added to 'Please outline any additional transition outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding         Dementia         Positive Behaviour Management         Food Hygiene         Please outline any additional training undertaken   | 37         2         r for this role type.         ant training. The list of training categories         y have been undertaken. Any training not listed         aining undertaken pertinent for this role which is         37          37  |
| stated, the information added should be the positive Behaviour Management         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation be added to 'Please outline any additional train not outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding         Dementia         Positive Behaviour Management         Food Hygiene  | 37         2         r for this role type.         ant training. The list of training categories         y have been undertaken. Any training not listed         aining undertaken pertinent for this role which is         37          37  |
| stated, the information added should be the positive Behaviour Management         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation be added to 'Please outline any additional transition of outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding         Dementia         Positive Behaviour Management         Food Hygiene         Please outline any additional training undertaken pertinent to this role which is not outlined above.  | 37         2         r for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed aining undertaken pertinent for this role which is         37   |
| stated, the information added should be the positive Behaviour Management         Filled and vacant posts         No. of staff in post         No. of posts vacant         Training undertaken during the last financial year         Set out the number of staff who undertook relevation provided is only a sample of the training that may can be added to 'Please outline any additional train not outlined above'.         Induction         Health & Safety         Equality, Diversity & Human Rights         Manual Handling         Safeguarding         Dementia         Positive Behaviour Management         Food Hygiene         Please outline any additional training undertaken pertinent to this role which is not outlined above.         Contractual Arrangements         No. of permanent staff   | 37         2         r for this role type.         ant training. The list of training categories y have been undertaken. Any training not listed aining undertaken pertinent for this role which is         37         38 |

| Outline below the number of permanent and fixe  | d term contact staff by bours worked per |
|---|--|
| Outline below the number of permanent and like  | a term contact stan by hours worked per  |
| No. of full-time staff (35 hours or more per week)  | 0  |
| No. of part-time staff (17-34 hours per week)   | 27                                       |
| No. of part-time staff (16 hours or under per week)   | 6  |
| Staff Qualifications<br>lo. of staff who have the required qualification to<br>be registered with Social Care Wales as a social | 14                                       |
| care worker   | 7  |
| Other types of staff  |  |
| Does your service structure include any additional role types other than those already listed?                                  | No                                       |