# Annual Return 2022/2023

### Provider Information to be published

The following information relates to information CIW held about this provider and its associated services on the 31st March 2023.

This section has been completed for you. There are no actions to complete. This information displayed will be included in the published Annual Return.

Provider name:		Heart of Wales Care Ltd	
The provider was registered	ed on:	28/03/2019	
The following lists the provider conditions:	There are no imposed conditions associated to this provider		
The regulated services delivered by this provider were:	Three Cliffs Care Home		
	Service Type	Care Home Service	
	Type of Care	Adults With Nursing	
	Approval Date	28/03/2019	
	Responsible Individual(s)	Sanjiv Joshi	
	Manager(s)	Helen Burton	
	Maximum number of places	51	
	Service Conditions	There are no conditions associated to this service	

Training and Workforce Ranning	
Describe the arrangements in place during the last financial year for identifying, planning and meeting the training needs of staff employed by the service provider	All staff complete their eLearning modules before starting employ ment with us, so that they understand their role and what is expec ted from them. They are paid a fixed sum for each module they co mplete. Within their 6 months probationary period, staff are requir ed to attend face to face training in addition, depending on their r ole. If during any supervision or as a result of safeguarding issue etc a training need is identified, this is built into the individual staff member's training plan.
Describe the arrangements in place during the last financial year for the recruitment and retention of staff employed by the service provider	A Group recruitment team supports the home in developing a qua lity hiring process in accordance with regulations. This has reduce d time / cost to hire and reduced agency spend. Expanded adverti sing methods include local poster campaigns, on-site recruitment days, and a new in-house employee referral scheme to incentivis e staff to refer friends and contacts. Overseas recruitment is a vit al part of our staffing strategy. Local housing shortages mean tha t we also assist in finding accommodation.

#### Service Profile

#### Service Details

Name of Service	Three Cliffs Care Home

Telephone Number	01792371500
What is/are the main language(s) through which your service is provided?	English Medium with some billingual elements
Other languages used in the provision of the service	Welsh (to a limited extent)

# Service Provision

People Supported		
How many people in total did the service provide care and support to during the last financial year?	66	

Fees Charged

The minimum weekly fee payable during the last financial year?	1036.85
The maximum weekly fee payable during the last financial year?	1560

# Complaints

What was the total number of formal complaints made during the	4
last financial year? Number of active complaints outstanding	1
Number of complaints upheld	0
Number of complaints partially upheld	2
Number of complaints not upheld	1
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	Questionnaires were sent out to residents, families, staff and exte rnal professionals in September and March. Residents / relatives are involved in care plan reviews. Meetings are held for people livi ng at the home to enable them to give feedback on how it runs. T he home has a private Facebook Group (open to current resident s, families and staff only) where details and photos of the daily life in the home can be seen and commented on. The home also sen ds out an occasional newsletter to families, updating them on key events and opportunities for involvement in the life of the home.

### Service Environment

How many bedrooms at the service are single rooms?	49
How many bedrooms at the service are shared rooms?	1
How many of the bedrooms have en-suite facilities?	5
How many bathrooms have assisted bathing facilities?	6
How many communal lounges at the service?	4
How many dining rooms at the service?	4
Provide details of any outside space to which the residents have access	1 large walled garden, 3 additional smaller gardens
Provide details of any other facilities to which the residents have access	NA

## Communicating with people who use the service

Identify any non-verbal communication methods used in the provision of the service	
Picture Exchange Communication System (PECS)	No
Treatment and Education of Autistic and related Communication- handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No
Other	Yes
List 'Other' forms of non-verbal communication used	White board for written communication, picture cards

The Responsible Individual must prepare the statement of compliance.

CIW have published <u>guidance</u> on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.	Half of the residents (or their representatives) who responded t o the March feedback questionnaires felt they were able to mak e choices and have a say in their day-to-day life at the home. H owever, only a small number of responses were received. The Regulation 73 visits, Regulation 80 reports and other internal m onitoring suggest that there is a good level of engagement and choice. Our policies and procedures around choice, engageme nt and care planning are regularly reviewed and updated.
The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.	All residents (or their representatives) who responded to the M arch feedback questionnaires felt that the home was the best h ome for them, in terms of supporting their needs. This matches the RI's findings in the Regulation 73 visits, Regulation 80 repor ts and other internal monitoring. Our policies and procedures a round health and wellbeing are regularly reviewed and updated .
The extent to which people feel safe and protected from abuse and neglect.	Almost all residents (or their representatives) who responded to the March feedback questionnaires: - felt they were safe, well looked-after and protected from abus e and neglect, and - said they were happy and felt supported to maintain their heal th and wellbeing. This matches the RI's findings from the Regulation 73 visits, the Regulation 80 reports and other internal monitoring. Our policie s and procedures around safeguarding are regularly reviewed and updated, including in relation to safe and effective recruitm ent, training, supervision and staff competence and discipline.
The extent to which people live in accommodation that best supports their wellbeing and achievement of their personal outcomes.	All residents (or their representatives) who responded to the M arch feedback questionnaires: - felt that the home's environment, facilities, food and activities were appropriate, and - said they had the opportunity to engage in enjoyable activities regularly. This matches the RI's findings from the Regulation 73 visits, the Regulation 80 reports and other internal monitoring. We engag e regularly and transparently with commissioners to ensure that our service meets the needs of current and future residents.

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at 31 March)

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type	Service Manager	
	Does your service structure include roles of this type?	Yes

Filled and vacant posts	
No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that man can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Infection, prevention & control	1
Manual Handling	0
Safeguarding	1
Medicine management	0
Dementia	1
Positive Behaviour Management	1
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	•
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	1
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Deputy service manager	
Does your service structure include roles of this type?	Yes

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that ma can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	0
Equality, Diversity & Human Rights	0
Infection, prevention & control	0
Manual Handling	1
Safeguarding	1
Medicine management	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	0
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	1
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Other supervisory staff	
Does your service structure include roles of this type?	No
Nursing care staff	
Does your service structure include roles of this	Yes

Filled and vacant posts	
No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that may can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
nduction	0
Health & Safety	0
Equality, Diversity & Human Rights	1
nfection, prevention & control	1
Manual Handling	1
Safeguarding	0
Medicine management	1
Dementia	1
Positive Behaviour Management	1
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Typical shift patterns in operation for employed s	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also nclude the average number of staff working in each shift.	12 hr shift, 7am to 7 pm & Night shift, 7pm to 7am
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	2
	1

Does your service structure include roles of this ype?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	7
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that ma can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories
nduction	3
Health & Safety	6
Equality, Diversity & Human Rights	3
nfection, prevention & control	5
Manual Handling	5
Safeguarding	4
Medicine management	4
Dementia	6
Positive Behaviour Management	6
Food Hygiene	4
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	7
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	7
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Typical shift patterns in operation for employed s	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also nclude the average number of staff working in each shift.	12 hr shift, 7am to 7 pm & Night shift, 7pm to 7an
Senior social care workers providing direct care	

Important: /

No. of staff in post	10
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that ma can be added to 'Please outline any additional to not outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	8
Equality, Diversity & Human Rights	9
Infection, prevention & control	7
Manual Handling	7
Safeguarding	9
Medicine management	7
Dementia	10
Positive Behaviour Management	10
Food Hygiene	7
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	10
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	10
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Typical shift patterns in operation for employed	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	12 hr shift, 7am to 7 pm & Night shift, 7pm to 7am
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	1
No. of staff working towards the required/recommended qualification	9
Other social care workers providing direct care	
Does your service structure include roles of this type?	Yes

Filled and vacant posts	
No. of staff in post	23
No. of posts vacant	8
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that may can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	17
Health & Safety	15
Equality, Diversity & Human Rights	10
Infection, prevention & control	14
Manual Handling	21
Safeguarding	11
Medicine management	0
Dementia	17
Positive Behaviour Management	13
Food Hygiene	13
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	23
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	1
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	17
No. of part-time staff (17-34 hours per week)	5
No. of part-time staff (16 hours or under per week)	1
Typical shift patterns in operation for employed s	
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	12 hr shift, 7am to 7 pm & Night shift, 7pm to 7am
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	3

Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the posi-	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	8
No. of posts vacant	1
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that may can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	5
Health & Safety	3
Equality, Diversity & Human Rights	1
Infection, prevention & control	6
Manual Handling	2
Safeguarding	2
Medicine management	0
Dementia	8
Positive Behaviour Management	0
Food Hygiene	6
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	8
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	7
No. of part-time staff (17-34 hours per week)	1
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification	8
No. of staff working toward required/recommended qualification	0
Catering staff	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the posi	cifically to this role type only. Unless otherwise

No. of staff in post	3
No. of posts vacant	0
	ant training. The list of training categories
not outlined above'.	1
Induction	0
Health & Safety	0
Equality, Diversity & Human Rights	0
Infection, prevention & control	1
Manual Handling	2
Safeguarding	2
Medicine management	0
Dementia	2
Positive Behaviour Management	0
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	3
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification	3
No. of staff working toward required/recommended gualification	0
Other types of staff	
Does your service structure include any additional role types other than those already listed?	Yes
List the role title(s) and a brief description of the role responsibilities.	Business Support / Reception / Admin Wellbeing (activities) Maintenance
Filled and vacant posts	
No. of staff in post	2
No. of posts vacant	2

Training undertaken during the last financial year for this role type.

Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.

Induction	2
Health & Safety	1
Equality, Diversity & Human Rights	2
Infection, prevention & control	2
Manual Handling	3
Safeguarding	2
Medicine management	0
Dementia	2
Positive Behaviour Management	1
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Various
Contractual Arrangements	
No. of permanent staff	3
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification	3
No. of staff working toward required/recommended gualification	0