Annual Return 2022/2023

2023.	completed for you. There are no a	·	and its associated services on the 31st March This information displayed will be included in the
Provider name:		Bespoke Se	nior Care Limited
The provider was registere	ed on:	01/04/2019	
The following lists the provider conditions:	There are no imposed conditions a	associated to this p	provider
The regulated services lelivered by this provider	Bespoke Senior Care Limited ta Home Inste	ad (Cowbridge, Pontycl	lun and Pontypridd)
vere:	Service Type		Domiciliary Support Service
	Type of Care		None
	Approval Date		01/04/2019
	Responsible Individual(s)		Stephanie Davies
	Manager(s)		Jennifer Wright
	Partnership Area		Cardiff and Vale
	Service Conditions		There are no conditions associated to this service
	Bespoke Senior Care Limited ta Home Instead (Cowbridge, Pontyclun and Pontypridd)		
	Service Type		Domiciliary Support Service
	Type of Care		None
	Approval Date		01/04/2019 Stophonic Device
	Responsible Individual(s)		Stephanie Davies
	Manager(s)		Jennifer Wright
	Partnership Area		Gwent
	Service Conditions		There are no conditions associated to this service
	Bespoke Senior Care Limited ta Home Instead (Cow bridge, Pontyclun and Pontypridd)		
	Service Type		Domiciliary Support Service
	Type of Care		None
	Approval Date		01/04/2019
	Responsible Individual(s)		Stephanie Davies
	Manager(s)		Jennifer Wright
	Partnership Area		Cwm Taf Morgannwg
	Service Conditions		There are no conditions associated to this service

Describe the arrangements in place during the last financial year for identifying, planning and meeting the training needs of staff employed by the service provider	Staff follow a robust Training Assessment Programme and first 6 month plan. Train the Trainer qualified staff deliver First Aid, Movi ng and Handling, Dementia Course, End of Life Care, Catheter C are, Frailty Awareness and Parkinsons. An online learning system alerts us when training is due, and we have an annual refresher p lan. Ongoing training is identified by client or staff need. Initial and regular spot check and competency support visits are undertaken by appropriately trained staff.
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Describe the arrangements in place during the last financial year for the recruitment and retention of staff employed by the service provider	We have a robust in-house recruitment process to include a phon e interview, in person interview and Training Assessment. New sta ff have an Enhanced DBS and 4 References prior to starting. Staf f are linked with experienced staff members and have regular cont act with the whole team. Positive feedback is passed on and we h ave an open-door policy. Staff are encouraged to ring the office w hen they need help or guidance, in or out of office hours. Occasio ns are celebrated as is outstanding service.
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Service Profile

Service Details

Name of Service	Bespoke Senior Care Limited ta Home Instead (Cowbridge, Pon tyclun and Pontypridd)
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Telephone Number	02920100999
What is/are the main language(s) through which your service is provided?	English Medium with some billingual elements
Other languages used in the provision of the service	

Service Provision

People Supported		
How many people in total did the service provide care and support to during the last financial year?	31	

Fees Charged

The minimum hourly rate payable during the last financial year?	23.29	
The maximum hourly rate payable during the last financial year?	31.50	

Complaints

What was the total number of formal complaints made during the last financial year?	1
Number of active complaints outstanding	0
Number of complaints upheld	1
Number of complaints partially upheld	0
Number of complaints not upheld	0
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	We conduct a service review with clients and/or family members af ter the first service then 2 weeks later. We then discuss the servic e 3 monthly with alternate Quality Assurance discussions and Ser vice Reviews. The Personal Plan is updated as needed, or more often if a change in client need or hospital admission means that we need to update our service. In addition, we run a client survey on an annual basis where individuals are encouraged to take part to provide anonymous feedback.

Communicating with people who use the service

Identify any non-verbal communication methods used in the provision of the service

Picture Exchange Communication System (PECS)

Treatment and Education of Autistic and related Communication- handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No
Other	No

Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published guidance on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.	The last Quality of Care Review (QOCR), completed at the end of March 2023 demonstrates compliance in this area. We have a number of governance arrangements in place to support eng agement with those involved with the service. There is consiste ntly input from both clients and/or family and services adjusted accordingly.
	Our internal monitoring processes supported by IT systems pro mpt regular quality and review conversations. The QOCR and 3 monthly RI reports demonstrate that these take place and are p roductive, resulting in client led changes to their personal plan and service that is then communicated to their Care Profession al team.
	We also conduct a once yearly customer survey that is run by a third party and submitted with anonymous responses. This was completed in this financial year and the results reviewed in the September 2022 QOCR. We had a 53% response rate, with 10 0% of participants saying they would recommend Home Instead . One survey included "Home Instead continue to offer personal ised and dedicated care for my father, often dealing with compl ex issues and always with professionalism" and another showin g how we help someone achieve their preference of living well a t home said "Home Instead have been central to keeping my father safely at home. They offer a personalised and committed s ervice and the carers are complete gems."
	We were inspected by the CIW during this financial year, in Sep tember 2022 and was found to be compliant in all areas. The re port states "People have opportunities to feedback around the care they receive" and "the management team are visible and c omplete quality assurance measures".

The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.	The March 2023 Quality of Care Review (QOCR) demonstrates compliance in this area. All new services have a consultation m eeting prior to commencement to begin building the personal pl an. Personal plans are then reviewed after the first two weeks o f delivering a service and expanded further as the client gets to know how they would like the service delivered.
	Personal plans are all written in the first person, with individuali sed outcomes identified for each area of wellbeing. They are a greed with the Client based on the method of least intervention so if a client is still able and willing to complete a task for thems elves, they are encouraged to. Risk assessments are in place a nd used to support Positive Risk Taking to enable each client.
	Where medication support or appointment support is provided, it is agreed what level of support they would like their Care Prof essional to provide. The CIW inspection report stated "The man agement of medication is effective. Care staff feel supported an d receive ongoing opportunities for refresher training." There is an audit process in place for client logs and MARs.
	Service reviews and quality assurance conversations are under taken with the client where possible and/or family members dep ending on the wish of the client. We aim for a well matched, con sistent team of Care Professionals for each client in order to be st support each individual's overall wellbeing. The CIW Inspecti on also found this to be the case stating "the service always un dertakes introductory visits before new staff members provide d irect care and strives to match care staff to people with similar i nterests. Feedback shows the service works to build positive rel ationships with people and their relatives."
	The PEAQ survey said: "Home Instead is the best care compan y I have worked with out of several in this area. Their staff are a ttentive and thoughtful and seem well trained and highly motivat ed." And "My carers are excellent – exactly what I need I could not ask for more"
	Following an increase in clients living with Dementia related illn esses, a full Dementia Training programme, accredited by City & Guilds was offered to all staff between October and Decembe r 2022. Feedback was excellent for how they would use it in thei r work included "by remembering every client is still an individua I and that each person with dementia will be different. To think about what the underlying reason may be for how the client is p resenting in any given moment"

The extent to which people feel safe and protected from abuse and neglect.	The last Quality of Care Review (QOCR), completed at the end of March 2023 demonstrates compliance in this area.
	People are reassured about our recruitment process. Care Prof essionals are interviewed and assessed in house. Training is pr ovided by us (or use of third party for M&H). References and E nhanced DBS are completed prior to starting. File audits compl eted on 3 monthly RI reports show this is being followed diligent ly. We do not use agency staff.
	Care Professionals are introduced by the Care Manager or oth er staff member that the client knows before they complete a se rvice on their own. Care Professionals are observed on key are as to ensure competency and safe and effective delivery of a p ersonalised service.
	We have not had any safeguarding concerns raised in the last year. Management team are also trained on safeguarding and know how to respond and refer should anything be raised. The CIW Inspection also found this stating "Staff are aware of whistl eblowing procedures and understand their responsibility to safe guard vulnerable adults." Care Professionals also complete SC AM Awareness training and we have intercepted several scam attempts for clients in this last year.
	Care Professionals, Clients and family members were kept up t o date on the guidance relating to COVID-19 the virus and how we were responding. We had full PPE and kept all clients safe. People also told the CIW Inspector that staff were wearing PPE to reduce the risk of infection.
	One client said in their survey: "Being able to live in my own ho me feeling safe, secure and well looked after by caring friendly I ovely staff". Another family member on a homecare review said "the company continually meet and exceed expectations in all a reas of care."
	The CIW Inspection report this year states "Up to date policies and procedures support good practice and care staff are clear on their responsibilities to protect people."

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at	23
31 March)	

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type	Service Manager	
	Does your service structure include roles of this type?	Yes
		ecifically to this role type only. Unless otherwise sition as of the 31st March of the last financial year.
	Filled and vacant posts	

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that ma can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Manual Handling	1
Safeguarding	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Dysphagia Awareness; Ear Drop Administration F resher; GDPR Refresher; Nasal Drop Administrat n Refresher: Eye Drop Administration Refresher, fection control
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	2
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Deputy service manager	
Does your service structure include roles of this type?	No
Other supervisory staff	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	crifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	

No. of staff in post	1	
No. of posts vacant	0	
Training undertaken during the last financial year for this role type. Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.		
Induction	0	
	0	
Health & Safety		
Equality, Diversity & Human Rights	0	
Manual Handling	1	
Safeguarding Dementia	1	
	0	
Positive Behaviour Management Food Hygiene	1	
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Refresher; Infection Control; Medication Educators Course; Lone Working; End of Life; GD R; Ageing Process; Building Relationships	
Contractual Arrangements		
No. of permanent staff	1	
No. of Fixed term contracted staff	0	
No. of volunteers	0	
No. of Agency/Bank staff	0	
No. of Non-guaranteed hours contract (zero hours) staff	0	
Outline below the number of permanent and fixed term contact staff by hours worked per week.		
Outline below the number of permanent and fixe	d term contact staff by nours worked per week.	
·	1	
·		
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week)	1	
No. of full-time staff (35 hours or more per week)	1 0	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to	1 0	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the	1 0 0	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	1 0 0 1	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification	1 0 0 1	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	1 0 0 1 0 Yes	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	1 0 0 1 0 1 0 Ves cifically to this role type only. Unless otherwise	
No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type? Important: All questions in this section relate spe stated, the information added should be the position	1 0 0 1 0 1 0 Ves cifically to this role type only. Unless otherwise	

Training undertaken during the last financial year for this role type.

Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.

Equality, Diversity & Human Rights Manual Handling Safeguarding Dementia	2 3 3 2	
Safeguarding Dementia	3	
Manual Handling Safeguarding		
Safeguarding Dementia	2	
Dementia		
	2	
Positive Behaviour Management	1	
. course Bonariour management	0	
Food Hygiene	2	
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Administration; Infection Control; GDPF	
Contractual Arrangements		
No. of permanent staff	2	
No. of Fixed term contracted staff	0	
No. of volunteers	0	
No. of Agency/Bank staff	0	
No. of Non-guaranteed hours contract (zero hours) staff	0	
Outline below the number of permanent and fixed term contact staff by hours worked per week. No. of full-time staff (35 hours or more per week) 0		
No. of part-time staff (17-34 hours per week)	2	
No. of part-time staff (16 hours or under per week)	0	
Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	2	
No. of staff working towards the required/recommended qualification	0	
Other social care workers providing direct care		
Does your service structure include roles of this type?	Yes	
Important: All questions in this section relate spe stated, the information added should be the posi	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.	
Filled and vacant posts		
No. of staff in post	20	
No. of posts vacant	6	
Training undertaken during the last financial yea Set out the number of staff who undertook releva provided is only a sample of the training that may	ant training. The list of training categories	

not outlined above'.

Induction	19
Health & Safety	30
Equality, Diversity & Human Rights	22
Manual Handling	16
Safeguarding	20
Dementia	11
Positive Behaviour Management	0
Food Hygiene	20
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Infection Control; GDPR; Dysphasia; Persor ; Fire Prevention & Awareness; Lone Workir ma Care; Managing Continence, Scam Awa
Contractual Arrangements	
No. of permanent staff	20
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	20
Outline below the number of permanent and fixe	d term contact staff by hours worked per wee
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	4
No. of part-time staff (16 hours or under per week)	13
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	7
No. of staff working towards the required/recommended qualification	1
Other types of staff	
Does your service structure include any additional role types other than those already listed?	No

Service Profile

Service Details

typian and romyphady	Name of Service	Bespoke Senior Care Limited ta Home Instead (Cowbridge, Pon tyclun and Pontypridd)
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Telephone Number 02920100999	
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What is/are the main language(s) through which your service is provided?	English Medium with some billingual elements
Other languages used in the provision of the service	

Service Provision

People Supported	
How many people in total did the service provide care and support to during the last financial year?	1

Fees Charged

The minimum hourly rate payable during the last financial year?	27.00
The maximum hourly rate payable during the last financial year?	29.50

Complaints

What was the total number of formal complaints made during the last financial year?	0
Number of active complaints outstanding	0
Number of complaints upheld	0
Number of complaints partially upheld	0
Number of complaints not upheld	0
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	We conduct a service review with clients and/or family members af ter the first service then 2 weeks later. We then discuss the servic e 3 monthly with alternate Quality Assurance discussions and Ser vice Reviews. The Personal Plan is updated as needed, or more often if a change in client need or hospital admission means that we need to adjust our service. In addition, we run a client survey o n an annual basis where individuals are encouraged to take part t o provide anonymous feedback.

Communicating with people who use the service

Identify any non-verbal communication methods used in the provision of the service	
Picture Exchange Communication System (PECS)	No
Treatment and Education of Autistic and related Communication- handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No
Other	No

Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published <u>guidance</u> on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.	The last Quality of Care Review (QOCR), completed at the enc of March 2023 demonstrates compliance in this area. We have a number of governance arrangements in place to support eng agement with those involved with the service. There is consistently input from both clients and/or family and services adjusted accordingly.
	Our internal monitoring processes supported by IT systems pro mpt regular quality and review conversations. The QOCR and monthly RI reports demonstrate that these take place and are roductive, resulting in client led changes to their personal plan and service that is then communicated to their Care Profession al team.
	We also conduct a once yearly customer survey that is run by third party and submitted with anonymous responses. This was completed in this financial year and the results reviewed in the September 2022 QOCR. We had a 53% response rate, with 10 0% of participants saying they would recommend Home Instead . One survey included "Home Instead continue to offer persona ised and dedicated care for my father, often dealing with comp ex issues and always with professionalism" and another showir g how we help someone achieve their preference of living well t home said "Home Instead have been central to keeping my fa her safely at home. They offer a personalised and committed s ervice and the carers are complete gems."
	We were inspected by the CIW during this financial year, in Se tember 2022 and was found to be compliant in all areas. The r port states "People have opportunities to feedback around the care they receive" and "the management team are visible and omplete quality assurance measures"
The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.	The March 2023 Quality of Care Review (QOCR) shows comp ance in this area. All new services have a consultation meeting prior to commencement to begin building the personal plan. Pe sonal plans are then reviewed after the first two weeks of deliv ring a service and expanded further as the client gets to know ow they would like the service delivered.
	Personal plans are all written in the first person, with individual sed outcomes identified for each area of wellbeing. They are a greed with the Client based on the method of least intervention so if a client is still able and willing to complete a task for them elves, they are encouraged to. Risk assessments are in place nd used to support Positive Risk Taking to enable each client.
	Where medication support or appointment support is provided it is agreed what level of support they would like their Care Pro- essional to provide. The CIW inspection report stated "The ma agement of medication is effective. Care staff feel supported a d receive ongoing opportunities for refresher training." There an audit process in place for client logs and MARs.
	Service reviews and quality assurance conversations are under taken with the client where possible and/or family members de ending on the wish of the client. We aim for a well matched, co sistent team of Care Professionals for each client in order to b st support each individual's overall wellbeing. The CIW Inspect on also found this to be the case stating "the service always un dertakes introductory visits before new staff members provide irect care and strives to match care staff to people with similar nterests. Feedback shows the service works to build positive r ationships with people and their relatives."
	The PEAQ survey said: "Home Instead is the best care compared by I have worked with out of several in this area. Their staff are ttentive and thoughtful and seem well trained and highly motivated." And "My carers are excellent – exactly what I need I could not ask for more"
	Following an increase in clients living with Dementia related illr esses, a full Dementia Training programme, accredited by City & Guilds was offered to all staff between October and Decemb r 2022. Feedback was excellent for how they would use it in thr work included "by remembering every client is still an individu I and that each person with dementia will be different. To think about what the underlying reason may be for how the client is resenting in any given moment.

The extent to which people feel safe and protected from abuse and neglect.	The last Quality of Care Review (QOCR), completed at the end of March 2023 demonstrates compliance in this area.
	People are reassured about our recruitment process. Care Prof essionals are interviewed and assessed in house. Training is pr ovided by us (or use of third party for M&H). References and E nhanced DBS are completed prior to starting. File audits compl eted on 3 monthly RI reports show this is being followed diligent ly. We do not use agency staff.
	Care Professionals are introduced by the Care Manager or oth er staff member that the client knows before they complete a se rvice on their own. Care Professionals are observed on key are as to ensure competency and safe and effective delivery of a p ersonalised service.
	We have not had any safeguarding concerns raised in the last year. Management team are also trained on safeguarding and know how to respond and refer should anything be raised. The CIW Inspection also found this stating "Staff are aware of whistl eblowing procedures and understand their responsibility to safe guard vulnerable adults." Care Professionals also complete SC AM Awareness training and we have intercepted several scam attempts for clients in this last year.
	Care Professionals, Clients and family members were kept up t o date on the guidance relating to COVID-19 the virus and how we were responding. We had full PPE and kept all clients safe. People also told the CIW Inspector that staff were wearing PPE to reduce the risk of infection.
	One client said in their survey: "Being able to live in my own ho me feeling safe, secure and well looked after by caring friendly I ovely staff". Another family member on a homecare review said "the company continually meet and exceed expectations in all a reas of care."
	The CIW Inspection report this year states "Up to date policies and procedures support good practice and care staff are clear on their responsibilities to protect people."

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at	23
31 March)	

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type	Service Manager	
	Does your service structure include roles of this type?	Yes
	Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise sition as of the 31st March of the last financial year.
	Filled and vacant posts	

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that ma can be added to 'Please outline any additional to not outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Manual Handling	1
Safeguarding	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Dysphagia Awareness; Ear Drop Administration F resher; GDPR Refresher; Nasal Drop Administrat n Refresher: Eye Drop Administration Refresher, fection Control
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	2
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Deputy service manager	
Does your service structure include roles of this type?	No
Other supervisory staff	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that may can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Manual Handling	1
Safeguarding	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Refresher; Infection Control; Medication Educators Course; Lone Working; End of Life; GD R; Ageing Process; Building Relationships; Infectio n Control
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Agency/Bank staff No. of Non-guaranteed hours contract (zero hours) staff	0 0
No. of Non-guaranteed hours contract (zero hours)	0
No. of Non-guaranteed hours contract (zero hours) staff	0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social	0 d term contact staff by hours worked per week. 1 0 0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the	0 d term contact staff by hours worked per week. 1 0 0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification	0 d term contact staff by hours worked per week. 1 0 0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	0 d term contact staff by hours worked per week. 1 0 0 0 1 1 Ves
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	0 d term contact staff by hours worked per week. 1 0 0 1 1 Ves Ves cifically to this role type only. Unless otherwise
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type? Important: All questions in this section relate spe stated, the information added should be the posi	0 d term contact staff by hours worked per week. 1 0 0 1 1 Ves Ves cifically to this role type only. Unless otherwise

Training undertaken during the last financial year for this role type.

Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.

Equality, Diversity & Human Rights Manual Handling Safeguarding Dementia	2 3 3 2
Safeguarding Dementia	3
Manual Handling Safeguarding	
Safeguarding Dementia	2
Dementia	
	2
Positive Behaviour Management	1
. course Bonariour management	0
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Administration; Infection Control; GDPF
Contractual Arrangements	
No. of permanent staff	2
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week)	0
No. of part-time staff (17-34 hours per week)	2
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	2
No. of staff working towards the required/recommended qualification	0
Other social care workers providing direct care	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the posi	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	20
No. of posts vacant	6
Training undertaken during the last financial yea Set out the number of staff who undertook releva provided is only a sample of the training that may	ant training. The list of training categories

not outlined above'.

Induction	19
Health & Safety	30
Equality, Diversity & Human Rights	22
Manual Handling	16
Safeguarding	20
Dementia	11
Positive Behaviour Management	0
Food Hygiene	20
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Infection Control; GDPR; Dysphasia; Persona ; Fire Prevention & Awareness; Lone Working ma Care; Managing Continence; Scam Aware
Contractual Arrangements	
No. of permanent staff	20
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	20
Outline below the number of permanent and fixe	d term contact staff by hours worked per week
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	4
No. of part-time staff (16 hours or under per week)	13
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	7
No. of staff working towards the required/recommended qualification	1
Other types of staff	
Does your service structure include any additional role types other than those already listed?	No

Service Profile

Service Details

		Bespoke Senior Care Limited ta Home Instead (Cowbridge, Pon tyclun and Pontypridd)
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Telephone Number 02920100999	
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What is/are the main language(s) through which your service is provided?	English Medium with some billingual elements
Other languages used in the provision of the service	

Service Provision

People Supported		
How many people in total did the service provide care and support to during the last financial year?	23	

Fees Charged

The minimum hourly rate payable during the last financial year?	27.00
The maximum hourly rate payable during the last financial year?	29.50

Complaints

Г

What was the total number of formal complaints made during the last financial year?	1
Number of active complaints outstanding	0
Number of complaints upheld	1
Number of complaints partially upheld	0
Number of complaints not upheld	0
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	We conduct a service review with clients and/or family members af ter the first service then 2 weeks later. We then discuss the servic e 3 monthly with alternate Quality Assurance discussions and Ser vice Reviews. The Personal Plan is updated as needed, or more often if a change in client need or hospital admission means that we need to adjust our service. In addition, we run a client survey o n an annual basis where individuals are encouraged to take part t o provide anonymous feedback.

Communicating with people who use the service

Identify any non-verbal communication methods used in the pro-	ovision of the service
Picture Exchange Communication System (PECS)	No
Treatment and Education of Autistic and related Communication- handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No
Other	No

Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published <u>guidance</u> on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.	The last Quality of Care Review (QOCR), completed at the enc of March 2023 demonstrates compliance in this area. We have a number of governance arrangements in place to support eng agement with those involved with the service. There is consistently input from both clients and/or family and services adjusted accordingly.
	Our internal monitoring processes supported by IT systems pro mpt regular quality and review conversations. The QOCR and monthly RI reports demonstrate that these take place and are roductive, resulting in client led changes to their personal plan and service that is then communicated to their Care Profession al team.
	We also conduct a once yearly customer survey that is run by third party and submitted with anonymous responses. This was completed in this financial year and the results reviewed in the September 2022 QOCR. We had a 53% response rate, with 10 0% of participants saying they would recommend Home Insteau . One survey included "Home Instead continue to offer persona ised and dedicated care for my father, often dealing with comp ex issues and always with professionalism" and another showir g how we help someone achieve their preference of living well t home said "Home Instead have been central to keeping my fa her safely at home. They offer a personalised and committed s ervice and the carers are complete gems."
	We were inspected by the CIW during this financial year, in Se tember 2022 and was found to be compliant in all areas. The r port states "People have opportunities to feedback around the care they receive" and "the management team are visible and omplete quality assurance measures".
The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.	The March 2023 Quality of Care Review (QOCR) shows comp ance in this area. All new services have a consultation meeting prior to commencement to begin building the personal plan. Pe sonal plans are then reviewed after the first two weeks of deliv ring a service and expanded further as the client gets to know ow they would like the service delivered.
	Personal plans are all written in the first person, with individua sed outcomes identified for each area of wellbeing. They are a greed with the Client based on the method of least intervention so if a client is still able and willing to complete a task for them elves, they are encouraged to. Risk assessments are in place nd used to support Positive Risk Taking to enable each client.
	Where medication support or appointment support is provided it is agreed what level of support they would like their Care Pro- essional to provide. The CIW inspection report stated "The ma agement of medication is effective. Care staff feel supported a d receive ongoing opportunities for refresher training." There an audit process in place for client logs and MARs.
	Service reviews and quality assurance conversations are under taken with the client where possible and/or family members de ending on the wish of the client. We aim for a well matched, co sistent team of Care Professionals for each client in order to b st support each individual's overall wellbeing. The CIW Inspect on also found this to be the case stating "the service always u dertakes introductory visits before new staff members provide irect care and strives to match care staff to people with similar nterests. Feedback shows the service works to build positive r ationships with people and their relatives."
	The PEAQ survey said: "Home Instead is the best care compa y I have worked with out of several in this area. Their staff are ttentive and thoughtful and seem well trained and highly motive ed." And "My carers are excellent – exactly what I need I could not ask for more"
	Following an increase in clients living with Dementia related illr esses, a full Dementia Training programme, accredited by City & Guilds was offered to all staff between October and Decemb r 2022. Feedback was excellent for how they would use it in th r work included "by remembering every client is still an individu I and that each person with dementia will be different. To think about what the underlying reason may be for how the client is resenting in any given moment"

The extent to which people feel safe and protected from abuse and neglect.	The last Quality of Care Review (QOCR), completed at the end of March 2023 demonstrates compliance in this area.
	People are reassured about our recruitment process. Care Prof essionals are interviewed and assessed in house. Training is pr ovided by us (or use of third party for M&H). References and E nhanced DBS are completed prior to starting. File audits compl eted on 3 monthly RI reports show this is being followed diligent ly. We do not use agency staff.
	Care Professionals are introduced by the Care Manager or oth er staff member that the client knows before they complete a se rvice on their own. Care Professionals are observed on key are as to ensure competency and safe and effective delivery of a p ersonalised service.
	We have not had any safeguarding concerns raised in the last year. Management team are also trained on safeguarding and know how to respond and refer should anything be raised. The CIW Inspection also found this stating "Staff are aware of whistl eblowing procedures and understand their responsibility to safe guard vulnerable adults." Care Professionals also complete SC AM Awareness training and we have intercepted several scam attempts for clients in this last year.
	Care Professionals, Clients and family members were kept up t o date on the guidance relating to COVID-19 the virus and how we were responding. We had full PPE and kept all clients safe. People also told the CIW Inspector that staff were wearing PPE to reduce the risk of infection. One client said in their survey: "Being able to live in my own ho me feeling safe, secure and well looked after by caring friendly I ovely staff". Another family member on a homecare review said "the company continually meet and exceed expectations in all a reas of care."
	The CIW Inspection report this year states "Up to date policies and procedures support good practice and care staff are clear on their responsibilities to protect people."

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at	23
31 March)	

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type	Service Manager	
	Does your service structure include roles of this type?	Yes
	Important: All questions in this section relate spe stated, the information added should be the posi	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
	Filled and vacant posts	

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that ma can be added to 'Please outline any additional to not outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Manual Handling	1
Safeguarding	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Dysphagia Awareness; Ear Drop Administration F resher; GDPR Refresher; Nasal Drop Administrat n Refresher: Eye Drop Administration Refresher, fection Control
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	2
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Deputy service manager	
Does your service structure include roles of this type?	No
Other supervisory staff	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	

No. of staff in post	1
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releva provided is only a sample of the training that ma can be added to 'Please outline any additional tr not outlined above'.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Manual Handling	1
Safeguarding	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Refresher; Infection Control; Medicatior Educators Course; Lone Working; End of Life; GDI R; Ageing Process; Building Relationships; Infectio n Control
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of American /Double staff	_
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
No. of Non-guaranteed hours contract (zero hours)	0
No. of Non-guaranteed hours contract (zero hours) staff	0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week)	0 d term contact staff by hours worked per week.
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social	0 d term contact staff by hours worked per week. 1 0 0
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No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification	0 d term contact staff by hours worked per week. 1 0 0
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	0 d term contact staff by hours worked per week. 1 0 0 1 1 Ves
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type?	0 d term contact staff by hours worked per week. 1 0 0 1 1 Ves Ves cifically to this role type only. Unless otherwise
No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixe No. of full-time staff (35 hours or more per week) No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker No. of staff working towards the required/recommended qualification Senior social care workers providing direct care Does your service structure include roles of this type? Important: All questions in this section relate spe stated, the information added should be the pos	0 d term contact staff by hours worked per week. 1 0 0 1 1 Ves Ves cifically to this role type only. Unless otherwise

Training undertaken during the last financial year for this role type.

Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.

Equality, Diversity & Human Rights Manual Handling Safeguarding Dementia	2 3 3 2
Safeguarding Dementia	3
Manual Handling Safeguarding	
Safeguarding Dementia	2
Dementia	
	2
Positive Behaviour Management	1
. selato Bonation Managomont	0
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Medication Administration; Infection Control; GDPF
Contractual Arrangements	
No. of permanent staff	2
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed No. of full-time staff (35 hours or more per week)	0
No. of part-time staff (17-34 hours per week)	2
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	2
No. of staff working towards the required/recommended qualification	0
Other social care workers providing direct care	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the posi	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	20
No. of posts vacant	6
Training undertaken during the last financial yea Set out the number of staff who undertook releva provided is only a sample of the training that may	ant training. The list of training categories

not outlined above'.

Induction	19
Health & Safety	30
Equality, Diversity & Human Rights	22
Manual Handling	16
Safeguarding	20
Dementia	11
Positive Behaviour Management	0
Food Hygiene	20
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Infection Control; GDPR; Dysphasia; Persona ; Fire Prevention & Awareness; Lone Working ma Care; Managing Continence, Scam Aware
Contractual Arrangements	
No. of permanent staff	20
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	20
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	4
No. of part-time staff (16 hours or under per week)	13
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	7
	1
No. of staff working towards the required/recommended qualification	