Choosing care for adults

Choosing care is one of the hardest decisions you will have to make.

Here are some tips from our inspectors:



- Use our website read our reports. Is the service registered with us?
- Go along for a visit take a list of questions, or a copy of our latest report.
- Visit several places if you can, and go at different times of day to observe the levels of activity.

What to look for:

Are you greeted in a friendly way when you arrive?

Is the atmosphere welcoming?

Can you speak to the home manager or make an appointment to speak to them?

Do people go outside? Is the home clean and well-lit?

Is it pleasantly decorated?

unpleasant smells?

Are there any

Do staff respect people's right

to privacy and knock on bedroom doors?



Do people look happy and busy?

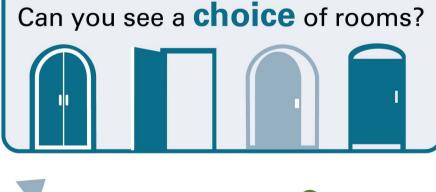
and interact with people?

Do staff speak to

have choice at mealtimes? Can people

Do people

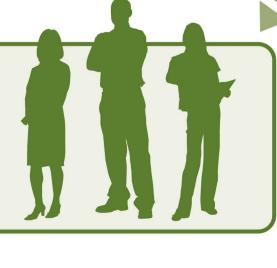
choose where to sit and eat?



sufficient staff members to meet people's needs?

Does there appear to be

What are their qualifications?



Your local authority's website will also have information on care services in your area.

